

Home and Community Based Services - HCBS



“Receiving care at your home or in your community”

“ဒီးန့တိတ်ကွဲထွဲမၤစၢၤ ဖဲန့အိၣ်လၢ နီၣ်ကစၢ်ဟံၣ်ပူၤ မ့တမ့ၢ် လၢပူၤတၢၢ်ပူၤ”

Services Available - တၢ်မၤစၢၤလၢန့ဒီးန့သ့တဖၣ်

- Activities of Daily Living - မၤစၢၤကွဲထွဲနီၣ်တၢၢ်မ့ၢ် ဆ့ၣ်မ့ၢ်ဂီၤအတၢ်လိၣ်
- Home making services- ဟံၣ်ဃီအတၢ်မၤစၢၤ
- Adult day care- ကွဲထွဲသးပုၤလၢမ့ၢ်ဆါကတီၢ်
- Transportation services - တၢ်လဲၤတၢ်ကွဲအတၢ်မၤစၢၤ
- Employment support - တၢ်ဖဲးတၢ်မၤအဂီၢ်အတၢ်မၤစၢၤ
- Respite care -တၢ်အိၣ်ဘျးတစီၢ်တလီၢ်တၢ်ရဲၣ်ကျဲၤ
- Home modifications - တၢ်မၤဂ့ၤထီၣ်ဟံၣ်ဆဲးကီၢ်
- Case management - ပၤဆၢကွဲထွဲတၢ်ဂ့ၢ်တၢ်ကျဲၤ

Waiver Programs

- Brain Injury-BI
- Community Alternatives Care – CAC
- Community Access for Disability Inclusion –CADI
- Developmental Disability – DD
- Elderly Waiver-EW

Benefits - တၢ်ကဲဘျးလၢနီၣ်

- Cost effectiveness-တၢ်လၢာ်ဘျးလၢနီၣ်စ့ကိညုၣ်
- Live closely with family and friends-အိၣ်ဘျးဒီး ဟံၣ်ဃီမိမိဒီးတၢ်သးကိးတဖၣ်
- Allow family members to be paid caregivers-န့ ဟံၣ်ဃီမိမိမၤန့အဘျးအလဲ ခီဖျိကွဲထွဲက့ၤန့
- Culturally responsive- လူလၢဒီးတၢ်ဆဲးတၢ်လၢဘၣ် လိၣ်ဖိးဒုလိၣ်သး
- More choices in life - ဒီးန့တၢ်ဃုထၢအကလုာ်အါ

Eligibility - ပုၤလၢကြၢၤဒီးန့တၢ်မၤစၢၤတဖၣ်

- Minnesota resident -ပုၤအိၣ်လၢမံၣ်နီၣ်စိထံၣ်ကီၢ် စဲၣ်အပူၤ
- Have Medicaid -ပုၤလၢအအိၣ်ဒီး Medicaid
- Seniors, people with disabilities or chronic illnesses-ပုၤအသးအိၣ်ဇြဲနီၣ်အဖီခိၣ်, ပုၤလၢနီၣ်ခိၣ်ကွဲ ဂီၤတလၢပုၤမ့တမ့ၢ် ပုၤလၢအိၣ်ဒီးတၢ်ဆါယံထၢတဖၣ်
- Choose to live at home or in the community- ပုၤလၢဃုထၢအိၣ်ဆိးဝဲလၢနီၣ်ကစၢ်ဟံၣ် မ့တမ့ၢ် လၢပူၤတၢၢ်ပူၤ
- Need a level of care usually provided in a facility (only for Waiver programs) - ပုၤလၢ လိၣ်ဘၣ်တၢ်ကွဲထွဲအပတီၢ်အါသ့တဖၣ်

How to Apply - ပတံထီၣ်အကျိၢ်အကျဲ

- Contact your county or tribal human services office to request for MnCHOICES assessment-ဆဲး ကျိးဘၣ်နကီၢ်ရဲၣ် မ့တမ့ၢ် tribal human services office ဒ်သီးနကယုထီၣ် MnCHOICES လၢတၢ်သမံသမိးအဂီၢ်
- Get the assessment done at your home-စဲးဆၢတၢ် သံကွဲဖဲပုၤသမံသမိးဟဲလၢနဟံၣ်
- Work with a case manager to determine eligibility -မၤသကိးတၢ်ဒီး case manager ဒ်သီးကဆၢ တၢ်နမ့ၢ်ပုၤလၢကြၢၤဒီးန့တၢ်မၤစၢၤ မ့ၢ် / တမ့ၢ်
- Develop a support plan - မၤအိၣ်ထီၣ်တၢ်ဆိၣ်ထွဲမၤစၢၤ တၢ်ရဲၣ်ကျဲၤ
- Receive services - ဒီးန့တၢ်ဆိၣ်ထွဲမၤစၢၤ

Need help or have questions? Contact KOM office at 651-788-7593 or email: info@mnkaren.org

လိၣ်ဘၣ်တၢ်မၤစၢၤ မ့တမ့ၢ် တၢ်သံကွဲမ့ၢ်အိၣ် ဆဲးကျိးဘၣ် ကညီကရၢမံၣ်နီၣ်စိထံၣ် (KOM) လၢ 651-788-7593
မ့တမ့ၢ် ဆၢလီၤ email ဆူ info@mnkaren.org တက့ၢ်



Karen Organization
of Minnesota

m1 DEPARTMENT OF
HUMAN SERVICES