



Karen Organization
of Minnesota

*Rooted in the Karen community of refugees from Burma,
and serving all who now call Minnesota home.*

2025 PROGRAM HIGHLIGHTS

NEW ARRIVAL SERVICES | EMPLOYMENT & FINANCIAL COACHING | COMMUNITY HEALTH | SOCIAL SERVICES | YOUTH DEVELOPMENT | WALK-IN SERVICES

CAREER TRAINING & FINANCIAL COACHING

\$6.96 : 1

**is the Benefit-to-Cost Ratio estimated for KOM's
Employment Services.**

That means that for every dollar invested in the program,
there is an expected \$6.96 of economic and health benefits
returned to participants.

During the reporting period of July, 2024 – June, 2025, according to the
Constellation Fund.



KOM's fall 2025 Community Services and Interpreting training
class and instructor after completing their final exam.

HEALTH & SOCIAL SERVICES

875
individuals

Accessed health insurance coverage after
KOM staff, certified as MNsure navigators,
helped 235 households apply for or renew
their coverage.

95%
of participants

Reported coming to KOM for health
insurance assistance specifically because they
knew they could get **in person advise and/or
help from someone who speaks their home
language.**

monthly for
3
years

On average, the 15 clients in the **Peer Support
Group** have been committed to meeting
monthly for three years to share struggles
and successes, resources, and important
health information. The majority of the client-
members are Karen women between ages 35
and 55.

See all of our programs at
www.mnkaren.org/programs

RESOURCES & CONNECTION FOR NEW ARRIVALS

over
200
clients

KOM Family Resource Connectors served over 200 clients who are **newly
arrived to the U.S.** and under humanitarian protection in **accessing
housing, county benefits, energy assistance, childcare, and more.**

82
clients

KOM Employment Counselors worked with 82 newly arrived clients with **job
placements & upgrades, household stability plans,** and more for a total of
almost **400 appointments** - that's over 7 appointments each week.

100
youth

100 refugee youth age 24 and younger achieved **135 goal plans** this year
with support from our Family Education Support Mentors.



OUR WEAVERS IN D.C.

In July, our youth and
adult weavers were
invited to represent
the traditional Karen
art of weaving at the
Smithsonian Folklife
Festival in Washington,
D.C. as part of their
theme "Youth and the
Future of Culture."



DID YOU KNOW?

KOM's new arrival
programs serve refugees
from around the world
who have been in the
U.S. for under 5 years.

SUPPORT IN RECOVERY & PREVENTION



Our Youth Case Managers work to
support around **50 Karen and Karenni
youth and their families** as they
navigate **treatment and recovery
from addiction.** Our staff also lead
culturally-relevant prevention efforts
out in the community.

“What's Next really helped me
out by introducing me to
**different colleges,
universities, and career
options.** Thanks to the
program, I feel way more
**prepared for both school and
the working world.** I honestly
recommend it to anyone, it's
very helpful and beneficial.”

Reflection from a student in KOM's after-school
program at the end of the 2024-2025 school year.



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